

LIT Connections

August 2, 2023

9:00-10:00



I define connection as the energy that exists between people when they feel seen, heard, and valued; when they can give and receive without judgement; and when they derive sustenance and strength from the relationship. ~ Brene Brown

Present:, Cheryle Wilcox, Beth Sausville, Chris Case, Krista Barbagallo, Suzanne Smith, Cinn Smith, Kheya Ganguly, Maria White, Vicky Whitehill, Olivia Gaudreau, Laurie Mulhern, Marlene Wein, Sandi Yandow, Jessica Coleman

Planning for LIT Extravaganza:

- Wednesday, October 11th 9:30-3:00-in Waterbury and virtual
- Kick off in ground everyone in the System of Care report
- Discuss high end system of care and challenges in children getting in and out of beds they need such as crisis, residential, etc. lack of resources, school programming?
 - Tying in trauma and resilience work. we are going to be dealing with the trauma from covid for years.
 - There are things we can address.
 - How do we keep work and support going even when a child/youth is awaiting a residential or higher level of care.
- Doing safety and wellness plans, don't wait for crisis
- Preventive early childhood supports
- Subgroup chances to talk in person—LIT Coordinators, parent reps, etc.
- Learn about what LIT Coordinators do, differences across geographic areas, what are the roles we are playing
- Discussing suicide prevention efforts—there is a grant to develop regional teams in the 4 regions of the grant (Chittenden, Bennington, Brattleboro, Rutland). Should those 4 LITs spend some time together talking about this on this day?
- Coordinating with others to get different ideas
- What topics of discussion can occur when LITs don't have family consults?

- Have a diverse group of attendees—sharing of information is very helpful especially since there has been staff turnover.
- Like the idea of a hybrid model for scheduling and health reasons
- Schedule a couple of other rooms in the complex for break outs
- Virtual may allow better for LEAs to participate so they aren't away an entire school day
- Extending reach beyond the LIT team regular members-such as shelters because children who are not housed would greatly benefit from a CSP (thank you for this idea, Laurie!)
- Doing a drive through of the resources on the Act 264 webpage—we have a lot there for folks to access
- True and false about Act 264—have prizes and make it fun! Cinn to run this! Cheryle will send out the ones we used before.
- Highlight great ideas that are working in LITs
- Brainstorm together issues that need attention—short sessions, 30 minutes—getting the idea out about how CSPs exist, how to let families know, how to help families who are home schooling
- SIT has brought breakfast items to share and that would be great again. Beth and Cheryle will ask if there is funding for lunch.
- Would each LIT be able to submit “If you had a wish for the system of care to make the most difference for children and families, what would it be?”
- Weaving in guest speakers around housing – family supportive housing
- Caregiver burnout
- CIS teams and how to make sure families of young children know about CSPs
- Hoping we can talk about truancy and how we are addressing that as a state and locally in a post covid pandemic world.