

MEETING MINUTES

Act 264 Advisory Board/Children's SPSC Joint Meeting

9/23/22

FINAL

Act 264 Advisory Board Meeting (9:30 – 11:00)		
Members present: Alice Maynard, Heather Freeman, Cinn Smith, Doug Norford Guests: Steve DeVoe - DMH, Joanne Crawford - DMH, Puja Senning – DMH, Megean Martin, Ron BosLun, Laurie Mulhearn, Ward Nial,		
Agenda Items	Discussion Points	Decisions/Actions/Links
Act 264 Board Member Recruitment Update	Several people have expressed interest in joining but only one person has submitted an application. A newly appointed member has not attended a meeting since he was appointed and has not responded to emails. It is the policy of the Board that if members do not attend or notify the board of their absence for three meetings, it is seen as a resignation.	
2022 Local Interagency Team (LIT) Survey Update	About 50% of the agencies have returned their Local Interagency Team (LIT) survey results. The group reviewed the results. There will be some follow up on some of the responses. Steve will reach out to Eva Dayon, DMH Interim Assistant Director of Quality, to see if you can get further output from this survey. At a future meeting, this group should discuss the one team's issues with engaging families.	2022 LIT Annual Survey and Advisory Board Update https://www.surveymonkey.com/r/C23XSTB Steve will reach out to Eva for further information on the survey results.
October Agenda Planning -Prioritize list for invitations to Agency/Department/Organization	Who would the group like Steve to reach out to and in what order> -Department of Mental Health Commissioner -Department of Child and Family Services Deputy Commissioner -Agency of Education Secretary or Deputy Secretary -Agency of Human Services Secretary or Deputy Secretary -Department of Health Division of Substance Use Programs Deputy Commissioner -Vermont State Police Director of Mental Health Programs -Police Academy Training Coordinator (Doug will follow up)	Doug will send out the link for the online CSP training to the group.

	<p>Training through RMHS regarding Coordinated Service Plan online. Folks can call the office to sign up for the training. Three trainings will be available this fall. People from other agency areas are welcome to attend.</p> <p>Items to add to the October agenda:</p> <ul style="list-style-type: none"> • Continue to review LIT Survey results • Outreach to law enforcement and their engagements with youth • Creation of a flyer for law enforcement officers to have with them that provides information on the various services/programs available 	
DMH Staffing Update	The Assistant Director of Quality position has been posted. Eva Dayon is currently holding that position. If anyone wants to be part of the interview process, please let Steve know.	
Public Comment:	None.	
Joint Act 264 Advisory Board and State Program Standing Committee Meeting (11:00 – 12:30)		
Members present: Alice Maynard, Heather Freeman, Cinn Smith, Ron BosLun, Laurie Mulhearn, Doug Norford		
Guests: Steve DeVoe – DMH, Joanne Crawford – DMH, Sarah Wallace-Brodeur – VT Family Network, Laurel Omland – DMH, Emily Hawes – DMH, Sandi Yandow - VFFCMH		
Agenda Items	Discussion Points	Decisions/Actions/Links
Department of Mental Health Commissioner Emily Hawes Q & A	<p>Question 1 – What are your top 3 focus areas for the coming year?</p> <ul style="list-style-type: none"> • Making sure folks have access to treatment when they need it. • Expanding the mobile crisis response. • Diversifying beds from the Brattleboro Retreat for those folks who need inpatient care. Want access to inpatient beds in hospitals other than the Brattleboro Retreat, especially a hospital that can address co-occurring medical concerns. • Improving people’s interactions with hospital Emergency Departments: <ul style="list-style-type: none"> ○ make the stays as short as possible; ○ make sure the time spent there is in a more comfortable space; ○ have kits for youth if they need to wait for an inpatient bed; and ○ work to lower stimuli depending on where the bed is located in the emergency department. • Integrated care work • School mental health work 	

Question 3 – What can DMH do to encourage and foster the use of Coordinated Service Plans (CSPs)?

The Child, Adolescent and Family Unit (CAFU) of the Department of Mental Health (DMH) continues to promote Coordinated Service Plans (CSPs) through their Care Management Team. DMH is working to stabilize long term funding for parent representative to attend CSP meetings. It is the responsibility of the DMH, and the Local Interagency Team promotes the resources. There are trainings available to let folks know about the CSP forms.

Laurel asked if there is something that DMH and the State Interagency Team should be considering? The group would like to see the CSP information in a more prominent location on the department websites, so it is more easily accessible to families. DMH and other partners should provide more publicity about the CSPs. The LITs could have more trainings on CSP. The IFS website has the CSP on their website, but it is buried in the DMH website and difficult to find even if you know it exists.

Question 6 – What is the department doing to address treatment needs of children and families, given the history of long-standing staffing challenges within the mental health system of care?

We have expanded access to tele psych services. It give folks more access to a psychiatrist.

United Counseling Services (UCS) has access to services and a treatment process which offers same day and immediate treatment for clients and families. We are looking at strategies like that which could be incorporated across the system.

DMH continues to look at wait lists and wait times for treatment whether it is for outpatient services or the wait in an Emergency Department for potential inpatient services.

Other current effective approaches:

- the STAMPP grant to address perinatal mood and anxiety disorders;
- the CHILD grant with integrated care approaches and a focus on wellness coaching. Laurel will ask Tom Delaney to attend this meeting in the future to discuss further.

	<ul style="list-style-type: none"> • will offer a Disordered Eating Training in the spring and have established a Disordered Eating workgroup; • Parent Child Interaction Therapy (PCIT); • primary care consultation with psychiatry; • efforts in the works with sister departments and agencies around school mental health. We are looking at measures that they can land on for a statewide lens on how students are doing. • working with the Agency of Education (AOE) to look at clearer guidance around social, emotional, and behavioral needs of youth in schools; and • just received the Garrett Lee Smith grant for suicide prevention. 	
Update on Pediatric Mental Health Care Access (PMHCA) Project	<p>The Pediatric Mental Health Care Access (PMHCA) Project is funded by HRSA. Just wrapping up the first year of the five-year grant. PMHCA is held by DMH; we are recruiting for half time program director. We are working in partnership with the Community Health Centers of Burlington and the VT Child Health Program out of UVM. A child psychiatrist, Greta Spottswood, MD, is standing up a child psychiatry access program. It is a team made up of child psychiatrists and licensed clinical social workers who are available to provide consultation to primary care providers. Practices can enroll in this access program.</p> <p>Data:</p> <ul style="list-style-type: none"> • 40 clinics and 220 providers are enrolled. • 77 consultations have been provided. • Physicians, medical directors, physician assistants, and nurse practitioners are the ones calling. 	Child Psychiatry Access Program (CPAP) link, https://www.chcb.org/vtcpap/
Discussion about major strengths and challenges of the system, as well as any anticipated changes.	The group will invite Commissioner Hawes back to answer this question.	
Discussion about potential areas of collaboration, specifically how the Board/Committee might help advocate for changes.	The group will invite Commissioner Hawes back to answer this question.	
Future items	Need to find time in the next two months to come up with the new recommendations.	
Review July 2022 meeting minutes	Ron made a motion to approve as amended by Alice. Heather seconded the motion. The minutes were unanimously approved.	

Public Comment	None.	
BREAK (12:15 – 12:30)		
State Program Standing Committee (12:30 – 1:15)		
Members present: Ron Bos Lun, Laurie Mulhern, Cinn Smith		
Guests: Steve DeVoe – DMH, Joanne Crawford – DMH, Ward Nial, Puga Senning – DMH, Sandi Yandow - VFFFCMH		
Agenda Items	Discussion Points	Decisions/Actions/Links
HCRS Designation Visit Pre-Planning for October Meeting	<p>The group will go through the question list to review for the meeting with Health Care and Rehabilitation Services (HCRS). The HCRS site visit went very well.</p> <p>DMH’s designated hospital visits will now return to being in person. The department has not yet decided whether or not they will be returning to in person designated agency site visits. The group acknowledged the value of the being in person but recognizes the challenges that this format presents. Maybe a hybrid version. The group will review the reports once they receive them from Steve and come up with questions for the HCRS visit next month. The group agreed to come up with questions by September 30.</p>	Steve will send the group the report from the site visit.
October Agenda Planning	Committee to review HCRS materials for upcoming visit to SPSC	
Children’s State Program Standing Committee Recruitment Updates	Laurie will put the links into the flyer and then send the flyer back out to the group to review. DMH should take a more active role in recruitment for Children’s SPSC.	
Close/Meeting Adjournment	Meeting closed at 1:20.	