**Interagency Teaming Training in Middlebury**

Training was facilitated by members of the IFS Steering Committee ~ Cheryl Huntley (CSAC-IFS Grantee), Donna Bailey (Addison Parent Child Center-IFS Grantee) and Dana Anderson (Building Bright Futures Coordinator)



**Agenda**

1. **Introductions and icebreaker—30 minutes**
   * Great icebreaker- Thumb Ball (You can google this to get more information) Everyone stands in a circle-questions are written on a soccer ball (or beach ball)-wherever one of your thumbs lands answer the question (eg. what makes you nervous, favorite movie, I could easily give up….,when I was a kid I wanted to be \_\_\_\_\_\_\_\_\_ when I grew up)
2. **What is IFS?—30 minutes**
   * It’s a verb and adjective, not a noun
   * How we work together, not what we offer
   * “The space between us”
   * It’s about families--Working with family and family is our “unit of service” and recognizes the different skill set this takes to work with a family, not just individual child
   * It’s about population health and well-being
   * Collective impact—we all work together to make a difference with whole population outcomes
   * One tool in IFS is about getting the money in a different way which increases flexibility
   * Using the public health model triangle about how they think about needs and providing supports and services
3. **World Café –45 minutes**

Had three flip charts with questions and moved to each for 10 minutes to discuss:

1. What does it mean to be family-centered?
2. What does effective collaboration look like? (What do you see in behaviors that reflect these values?)
3. What does the move to population health look like?

**15 minute BREAK**

1. **Resource Scavenger Hunt—30 minutes**

In pairs, given a sheet with questions to get a good overview of what resources are available and who they are available through. Two groups won and prizes were given.

Questions:

1. Where and when do I get assistance for back rent?
2. Where can I get help to pay for a prescription?
3. Who runs playgroups in the county?
4. Where can I get help with fuel assistance?
5. Where are many groups help for people in recovery?
6. How can I get support with breastfeeding?
7. Where can my family get affordable dental care?
8. I know someone who needs helps with a school meeting for his/her child regarding and IEP—who can help?
9. My teen needs a place to be after school—what is available in Bristol? Vergennes? Middlebury?
10. I need help with a suicidal person—what should I do?
11. My teenager is pregnant! How do I help her?
12. How can I find high quality child care for my kids?
13. I need a break from parenting to be able to do it well. Who do I call for respite?
14. I know of a person who is using drugs and they are pregnant. Who do I call?
15. I am interested in becoming a respite/foster parent. Where can I get information about that?
16. How do I control my daughter’s diabetes?
17. **Overview of Teaming—20 minutes**

Handed out Effective Teaming document and shared highlights from it.

The document goes through:

* Values
* Who is the Team?
* Organizing the Team
* Lead Case Manager
* Typical Teaming Pitfalls
* DCF Involvement in a Team
* When a Team Feels Stuck
* Closing Services
* Types of Team Meetings

**Lunch BREAK**

1. **Teaming Practice—1 hour**

Knowing the types of team meetings and when to use which one and for what purpose

**Activity:** Interagency Teaming Exercise

* Provided a family situation.
* Each group will use the story to have a different type of team meeting (CSP, FSP, IEP, etc.)
* Everyone should have a chance to do two types of meetings.
* The whole group will come together in the end to share learning and experiences.

1. **IFS Strategic Plan—30 minutes**

* Reviewed last year’s accomplishments in Addison and discussed that Addison is an IFS pilot
* Shared the coming year’s IFS action plan

1. **Evaluation of the day-10 minutes**