Treatment Planning with Families using the CANS

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The foundation for effective engagement in treatment is laid the moment a family starts to share their story.
Starting the Conversation
Encouraging Families to Share their Stories

- allow the family to be the expert
- respect family dynamics and experiences
- use creative story gathering strategies
Building the Relationship
Discussing the Story within the CANS

- share the CANS before finalizing
- work towards a shared story
- handle disagreements with curiosity
Holding the Story
Using the CANS for Treatment Planning

- allow families to select focus needs
- treat newly revealed information w/care
- update the CANS naturally
CANS is the conversation-starter, and the relationship-builder... but most importantly, it's the CONTAINER that holds a family's story.
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