



Treatment Planning with Families using the CANS

Jen Griffis

Vermont CANS Summit - May 14, 2019

The foundation for effective
engagement in treatment
is laid the moment a family
starts to
share their story.

Starting the Conversation



Encouraging Families to Share their Stories

- * allow the family to be the expert
- * respect family dynamics and experiences
- * use creative story gathering strategies



Building the Relationship

Discussing the Story within the CANS

- * share the CANS before finalizing
- * work towards a shared story
- * handle disagreements with curiosity

Holding the Story



Using the CANS for Treatment Planning

- * allow families to select focus needs
- * treat newly revealed information w/care
- * update the CANS naturally

CANS is the
conversation-starter,
and the
relationship-builder...
but most importantly, it's the
CONTAINER
that holds a family's story.

Jen Griffis
executive director

jengriffis@gmail.com
208-507-1754

www.raising superkidsinc.org



RAISING SUPERKIDS
Empowered Parents. Resilient Kids.