## AHS Integration Efforts Autism Planning for the Future Meeting Minutes

**Date:** Wednesday, October 9th, 2024 2:00-3:00 p.m.

Facilitator & Notetaker: Molly Bumpas

**Overall Goal of our work group:** This workgroup convenes to use our collective resources to move autism services forward for children and their families in Vermont.

## **Strategic Plan Goals:**

- A. To challenge and advise the current system to identify creative, collaborative, and flexible strategies to deliver family-centered care throughout a child's journey from early identification and diagnosis through adult services.
- B. Increase access to assessments, supports and services up and through transition to adulthood.
- C. Educate community about inclusion and neurodiversity.

**Present:** Molly Bumpas, Wendy Scott, Margaret Fix, Danielle Cohen, Jen LaGro, Kara Hurwitch, Danielle Brier, Jenn Johnson, Regie-Cooper, Emmy Hilliard, Carmen Benedict, Emily Dischino, Laura Weaver, Eve Spratt, Amy Irish

Agenda Item	Discussion Notes
Feedback on infographic – Regie Cooper, CSHN	Group gave feedback on documents Regie is editing for CSHN:  O What You Can Do While Your Child is Waiting for and Autism Evaluation Infographic 092024 (healthvermont.gov) O If any further feedback, can email Regie directly at Regina-anne.cooper@vermont.gov
Emmy Hilliard, VFN	Emmy presented current resources for families through VFN. These include:  Helpline 5 days week from 9:00-4:30: explain systems, learn to be advocate, brainstorm next steps, and listen to families  Genetic navigator Parent rep support at Act 264 meetings Mental health Travel guides (Boston Children's Hospital) Transition supports resource guide on website Parent matches Transition Core Team initiative Monthly virtual workshops for families 2025 conference in April UVM Family Faculty opportunities Funding opportunities – including for support groups Sibshops monthly – just began new tween group Chittenden Emmy gathered feedback from group re: future workshop ideas: apps to support neurodivergent families; caregiver self care; sensory processing; executive functioning; building independence; the "end game" including guardianship for adults, trusts, etc.
Updates	Some school districts have been sending letters to families re: inability to provide special education supports to their child/ren due to staffing. Wendy reports AOE is aware and formulating a response.

Next meeting December 11th 2:00-3:00